

Greater Brunswick Charter School –October 2019–Lunch Menu

429 Joyce Kilmer Ave., New Brunswick, NJ 732-448-1052

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	1) Barbeque Chicken Mashed Potatoes Glazed Carrots WW Dinner Roll Fruit DF: No Milk	2) Baked Ziti Broccoli Honey and Cinnamon Chickpeas Fruit DF: No Cheese 3.5oz Turkey	3) Ground Turkey and Macaroni w/ Mexican Seasoning Corn Cucumber Slices Fruit DF: No Cheese	4) Cheese Pizza Garden Salad Cherry/Grape Tomatoes Fruit DF: No Cheese 3.5oz Turkey
7) <u>Meatless Mondays</u> Grilled Cheese Herb Roasted Potatoes Spinach Salad Fruit DF: Turkey Sandwich	8) Chicken Nuggets Sweet Potato Fries Broccoli WW Dinner Roll Fresh Fruit	9) No School	10) Baked Chicken (cubed) Ceasar Salad Corn WW Dinner Roll Fruit DF: No Dressing	11) Scrambled Eggs Waffles Carrot Sticks Celery Sticks Fruit
14) <u>Meatless Mondays</u> Mac and Cheese Roasted Chickpeas Broccoli Fruit DF: Turkey Sandwich	15) Beef Taco w/ Corn Tortillas Shredded Cheese Black Beans Garden Salad Fruit DF: No Cheese	16) Egg and Cheese on WW English Muffin Spinach Salad Mexican Street Corn Salad Fruit DF: No Cheese/ 2 Eggs	17) Roasted Chicken Legs Honey Glazed Carrots Silver Dollar Fries Dinner Roll Fruit	18) Cheese Pizza Baby Carrots Celery Fruit DF: Turkey Sandwich
21) <u>Meatless Mondays</u> Baked Ziti Green Beans Chickpea Salad Fruit DF: Turkey Sandwich	22) Chicken Sliders Tator Tots Carrot Sticks Fruit	23) Fish Sticks Sweet Potato Fries Celery Sticks WW Dinner Roll Fruit	24) Chicken Parmigiana Sub Broccoli Silver Dollar Fries Fruit DF: No Cheese	25) Radical Rice and Bean Enchilada Garden Salad Cherry Tomatoes Fruit
28) <u>Meatless Mondays</u> Alfredo Pasta Spinach Salad Celery Sticks Fruit DF: Turkey Sandwich	29) Hamburger Baked Beans Silver Dollar Fries Fruit	30) Pasta with Marinara Sauce Garden Salad Shredded Cheese (On Side) Corn Fruit DF: No Cheese 3.5oz Turkey	31) Chicken Patty Sandwich Broccoli Sweet Potato Fries Fruit	

Asare's Den Restaurant & Caterers 855 Hamilton Street, Somerset, NJ 08873 732-246-7660

All meals come with 1% white, Fat Free White, or Fat Free Chocolate milk. Parents may pre-pay for lunches.

You can find our wellness policy in your student handbook.

This establishment is an equal opportunity employer and provider.

Este establecimiento es un empleador que ofrece igualdad de oportunidades y el proveedor.